



Travel Program Handbook

Revisions (1-2024)

**Recommendations, Rules and Policies
Regarding
PAC Travel Baseball and
PAC Travel Softball**

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Section Purpose

This section supports the base structure around the Plainfield Athletic Club (PAC) Travel Baseball and Softball (referred to as The Travel Program from this point forward). It includes some recommendations and some absolute rules. This PAC document is a work in progress. It is fully expected that all future PAC Boards will review this document, consider its successes, failures, and relevance, and improve upon it, year to year. The VP of Travel will be in charge of this document along with enforcing the rules of this document.

The PAC is a family-based Non-Profit organization, operating in and around the Village of Plainfield, within the boundaries of Plainfield School District 202 and the Plainfield Park District. Parts of other towns included within the boundaries for PAC are Joliet, Romeoville, Bolingbrook, Naperville & Crest Hill. The Plainfield Athletic Club is one of the largest private organizations of youth baseball and softball in Illinois, providing opportunities for children between the ages of 5 and 18. The objective of the PAC is to serve the baseball and softball needs of the families of the aforementioned territory. Electronic copies are available via our website at <https://www.pacsports.org>.

Mission Statement

The Plainfield Athletic Club (PAC) is committed to providing positive, challenging, safe, and age-appropriate competition. Our program will promote responsibility, respect, teamwork, leadership, dedication, hard-work, hustle and sportsmanship. Our emphasis is on learning fundamental baseball/softball skills needed to play at a higher level in a healthy, fun, and family-friendly environment.

Management of the Travel Program

This section defines those responsible for ensuring that the Travel Program operations are fully consistent with the mission of the Plainfield Athletic Club.

1. The Vice President of Travel shall be responsible for the general oversight of the Travel Program.
2. Each Travel Team Manager shall be responsible for the operation and oversight of all activities associated with their travel team.
3. There shall be a Travel Committee, chaired by the Vice President of Travel and may be comprised of Travel Baseball Commissioners, Travel Softball Commissioners, the PAC Board VP of Baseball and the PAC Board VP of Softball, which shall consider specific issues related to the Travel Program, including rules and manager selections, and make recommendations to the full PAC Board. The Travel Committee will be established in accordance with the By-laws of the PAC.
4. The Vice President of Travel shall host a MANDATORY manager's meeting prior to December 1.
 - > This meeting shall begin with the introduction of the Travel Committee, individual committee members' roles, and the processes.
 - > The PAC Travel mission statement shall be reviewed and emphasized.

 - > This meeting shall also cover the following agenda, but not limited to...
 1. Communication process from VP ↔ Travel Manager ↔ Parents/players
 2. Player registration via SportsEngine and tryout evaluations
 3. Background checks for Managers and Assistant Coaches
 4. Behavior and discipline
 5. Team finance management including use of Chase Bank as checking account
 6. PAC Season Fee and what's included in the fee.
 7. Use of local indoor practice facilities. Rules and insurance.
 8. Field time rules and assignments (spring / Fall Seasons)
 9. Field maintenance
 10. Lights policy
 11. Inclement Weather policy
 12. Umpire assignment process, specifically use of only Official Finders umpires for travel home games (Managers will have access to HorizonWebRef App)
 13. Review of past safety concerns, etc.

 - > The board shall review the process, requirements and qualifications for being selected again as a manager for the next season.

Seasons

The Travel Program season shall be from August 1, current year through July 31, following year. **No mandatory practices are allowed during the "off" season of August 1st, current year till February 28th, following year, in order to allow for the healthy participation of athletes in other sports and other non-athletic pursuits.**

Manager Selection

Travel Team Managers (Full time and Part Time) shall be selected on a yearly basis to serve from August 1 to July 31. All persons wishing to be travel ball managers, including returning travel ball managers, shall submit an application to the Vice President of Travel no later than June 1. The Vice President of Travel shall take steps to publicize this process which should include not less than posting on the website and e-mailing notice to all current managers and coaches.

For a travel ball manager wishing to return as manager, the Travel Committee shall conduct a survey of all participants on the current travel ball team if necessary. The Travel Committee is free to survey managers of other teams that competed with the current team. The Travel Committee is free to evaluate and review any issues related to the team and may decide to investigate any applicable issues. The results of the survey could be one of the many tools the committee will use in determining the status of the travel ball manager.

For new applicants for the travel ball manager position, a thorough investigation of the manager's qualifications will be performed including an interview process held by June 7th by at least the VP of Travel, VP of baseball or softball. The Travel commissioners for that sport are also recommended to attend the interview process. The new applicant should be prepared to discuss their plan for the travel team in terms of playing level, winter conditioning and practicing plan, their son/daughter's ability at the travel level for success, evaluation process, potential coaches, etc. Parents from former teams may be contacted, coaching peers may be contacted, and any other references from other youth coaching experiences may be contacted.

The ultimate decision of the manager process will be based on what is in the best interest of the children of that team. This process will be completed no later than June 10th.

New Managers will be required to hold winter practices at Go Pro Dome at least 1 time per week but can be twice a week.

If there are multiple applicants, including a manager wishing to return, the Travel Program Committee will make its decision based on the above, and including, but not limited to:

- › A demonstrated ability to work with children
- › Coaching/Playing Experience
- › Whether the manager candidate's child is qualified to be a travel player. Based on past performance, previous manager ratings, and Travel Program Committee review.
- › A clean coaching background, with no violations of the code of ethics.
- › Willingness and PLAN to advance knowledge and coaching skills.

Coaches/Managers Training Clinics

All Travel Managers should attend at least one (1) PAC approved Training Clinic and are highly encouraged to seek additional training opportunities.

Base Number of Teams

The policies set forth below are intended to ensure adequate opportunities for talented Plainfield children/youth to play baseball or softball at a higher level, while maintaining support for PAC in-house programs. It is recognized that policies will need to be regularly reviewed and amended, based on the growth of the community, the available pool of talented and interested players, and the availability of field space.

Full-Time Travel:

PAC Baseball and Softball will provide a base of up to three (3) travel teams for ages 8 thru 17.

Part-Time Travel:

PAC Baseball will provide for a base of 1 or 2 Part-time travel teams for ages 8 through 12. Teams beyond age 12 will be fielded as determined by the PAC Board.

PAC Softball will provide for a base of 1 each Part-time travel teams for ages 9 and 10, 11, and 12. PAC Softball will also provide for a base of 1 each Part-time travel teams for ages 14U and 18U.

If the Travel Committee is not satisfied with the travel team manager's applicants or determines that there is not sufficient interest, they may recommend less than the specified number of teams.

Player Selection Information – Full- Time Travel

The policies and procedures set forth below are designed to ensure, first and foremost, that the selection process is open, fair, and equitable. PAC fully expects that every eligible participant will have a fair and equitable opportunity to be selected for a PAC travel team. PAC also fully expects that managers will apply all their knowledge of the players and their families to the selection process. The proper selection of that team will determine the level of success that the team enjoys. Success is not defined only as a win-loss record. Factors to be taken into consideration include the skill of the players, the support of the families, and the ability of all involved to represent the Plainfield Athletic Club in a respectful and honorable manner.

1. The travel team selection process must be made known to all PAC member households with players in the age group of the specific team. This will be accomplished with website and social media posts, and advertisements in the local newspaper website (Plainfield Patch) and will occur a minimum of 2 weeks prior to the selection process.
2. The travel team tryout process may be further publicized as the team manager sees fit.
3. Travel team try outs must be open to all age qualified players. Every player who meets the eligibility requirements will have a fair opportunity to try out for a PAC travel team.
4. The Vice President of Travel will, after consulting with the respective managers, set up an appropriate schedule for try outs. Private tryouts after the initial tryouts are allowed also, but the VP of travel must be notified of said private tryout first.
5. Travel Team Managers are responsible for providing their complete rosters and all appropriate forms to the Vice President of Travel.
6. No commitments can be made to any player or their family prior to the first scheduled player evaluation session except to existing rostered players with a current returning manager's team after said manager is approved to return.
7. Managers may reserve the right to add permanent players throughout the current season but must notify the VP of travel when doing so sighting the reason for the addition.
8. A team's initial roster must be named from players who have attended a PAC-sponsored tryout or private tryout.

Player Selection Information – Part-Time Travel

The policies and procedures set forth below are designed to ensure, first and foremost, that the selection process is open, fair, and equitable. PAC fully expects that every eligible participant will have a fair and equitable opportunity to be selected for a PAC travel team. PAC also fully expects that managers will apply all their knowledge of the players and their families to the selection process. The proper selection of that team will determine the level of success that the team enjoys. Success is not defined only as a win-loss record. Factors to be taken into consideration include the skill of the players, the support of the families, and the ability of all involved to represent the Plainfield Athletic Club in a respectful and honorable manner.

1. No Part Time Travel Team may fall below the PAC residency requirements of the following:
 - 75 % resident
2. The Part-Time travel team selection process must be made known to all PAC member households with players in the age group of the specific team. This will be accomplished with website posts, and advertisements will occur a minimum of 2 weeks prior to the selection process.
3. The Part-Time travel team selection process will be held after September for the succeeding season.
4. All Part-Time travel team members must be registered within PAC for the spring season to participate
5. Part-time Travel players will participate in the in-house PAC league drafted by teams as usual and then as a team will participate in the Sunday Chicagoland Baseball League and Softball Part-time teams will play in the SWS league or equivalent
6. The travel team selection process may be further publicized as the team manager sees fit.
7. Travel team try outs must be open to all age qualified players. Every player who meets the eligibility requirements will have a fair opportunity to try out for a PAC travel team.
8. The Vice President of Travel will, after consulting with the respective managers, set up an appropriate schedule for try outs. Private tryouts after the initial tryouts are allowed also, but the VP of travel must be notified of said private tryout first.
9. Part Time Travel Team Managers are responsible for providing their complete rosters and all appropriate forms to the Vice President of Travel.
10. No commitments can be made to any player or their family prior to the first scheduled player evaluation session except to existing rostered players with a current returning manager's team after said manager is approved to return.
11. Managers may reserve the right to add permanent players throughout the current season, but must notify the VP of travel when doing so sighting the reason for the addition.
12. A team's initial roster must be named from players who have attended a PAC-sponsored tryout or private tryout.

Try-Out Process

As noted above, the VP of Travel will schedule tryouts for both baseball and softball. Each team will host their own tryouts. The VP of Travel will have final say of the evaluation process and rating form that will be utilized for the evaluation.

Managers will provide the VP of Travel a roster of returning players prior to the tryout and noting how many players they are looking to add to their team.

It is mandatory for ALL TEAMS to participate in the scheduled PAC tryouts that are looking to add players to their roster. If the manager is unavailable, a designee must be sent in his or her place. It is highly suggested managers from other age levels assist in rating the players for a completely unbiased evaluation process.

Note: A manager may, at his discretion, set up an alternate tryout, in the event a participant or participants are unavailable for the scheduled tryout, within a reasonable timeframe and approved by the VP of Travel.

With equal opportunity in mind, all participants shall be allowed to display running, throwing, fielding, and hitting abilities. Participants wishing to try out for a pitcher or catcher position also shall be allowed to display their abilities during these tryouts.

Managers with the approval of the VP of Travel will decide what drills will be used for the evaluation process and is expected that each drill be explained to the participants prior to commencement. It is strongly suggested that each manager have individuals helping through the evaluation process who are not parents of the players trying out for that team.

Prior to the start of the tryout, each participant will fill out a registration form to be completed and used by the managers.

Managers shall make every attempt to notify each participant by phone within one week of the conclusion of the evaluation process. It is highly recommended that the managers give a short explanation on why a participant was not selected. This allows the participant an opportunity to hear where there needs to be improvement.

IT IS NOTED THAT WITH A CAP ON HOW MANY TEAMS PAC IS FIELDING THIS IS THE MOST FAIR AND EQUITABLE WAY THIS ATHLETIC CLUB CAN HOST TRYOUTS.

Uniforms

1. Travel team uniforms must include a PAC designation. This may be the current PAC logo, "PAC" or "Plainfield Athletic Club" spelled out, or a suitable substitute agreed to by the Vice President of Travel.
2. Travel teams will otherwise be responsible for the selection and acquisition of their own uniforms.
3. All new Travel teams will be named Plainfield Tornadoes for Baseball and Plainfield Twisters for Softball. For standardization, all Plainfield Twisters teams will be named as such; age level, Plainfield Twisters, Manager last name (ex. 13U Tornadoes Mendoza would be for John Mendoza's 13U Tornadoes team.
4. Plainfield Tornadoes team colors will be black, gray or white only. Plainfield Twisters team colors will be navy, white and gray only. Any deviation in color, will need approval from the Travel Committee.
5. Special uniforms may be approved for special events such as Mother's Day tournaments and Memorial Weekend or 4th of July tournaments.

Field Time

The Vice President of Travel is responsible for the distribution of field time to each travel team in an age group. Each team will be allotted for 12 - 2 hour slots times from April 1st till July 31st in the spring season. These dates must be given to the VP of travel no later than November 30th so that these dates and times can be granted by the Plainfield Park District. The amount of field time may differ based on field availability. It is expected that field time will be distributed as fairly and equally as is possible for any age group and team.

Teams requiring Fall Field time can request through the VP of travel. If this occurs, the team may be charged for each field usage along with a per player charge that is equal to the charge from the Plainfield Park District (\$16 per player).

Schedules

Participation in a travel sports program requires significant commitment from managers, coaches, players, and their families. Motivation, willingness to work hard, and putting the team before the individual are part of the obligation one assumes. The following policies strive to balance this commitment with recognition of the importance of (a) the health and well-being of the athletes and (b) the need for balance in the lives of all participants that respects the needs of the family.

1. The PAC Travel Committee sets a maximum numbers of games for each level in accordance with USA Baseball Medical and Safety Advisory Committee recommendations (see chart below).. Note: this is an ABSOLUTE maximum. All teams should schedule tournaments accordingly.

Travel Team Age Group	Maximum number of games per season
8,9 and 10 year olds	60
11 and 12 year olds	70
13 and 14 year olds	80
15, 16 and 18 year olds	80

2. The Travel Team Manager should have presented to the players and parents a reasonable estimate of the planned activity for the season, prior to the start of the season, and tournament entry should be discussed and agreed upon by all team families, prior to actual entry in such tournament.
3. If a team needs to play beyond the maximum number of games limit due to success in a tournament, a petition should be filed with The Travel Committee, who will bring it to the Vice President of Travel to request a change or extension.

Umpires for Home Games for Baseball and Softball

All PAC travel teams will use Official Finders umpires for their home games, including Plainfield Blast, Kledzik, SWS, Chicagoland games, etc and any Twister tournaments held. Managers who are part of schedules such as PGF or otherwise need to understand this and talk to those organizations that Official Finders umpires will need to be used at home PAC parks.

Travel manager's need to use the Official Finders umpire assignment process (stated in the Official Finders contract) to assign umpires.

Funds for umpire costs will be collected in advance of the start of the season from all travel teams based on the travel team's home dates and put into the main travel bank account to pay Official Finders as umpires are used throughout the year. Any funds that are not used by a travel team will be returned to that travel team's bank account. Any additional costs will be collected from travel teams as games are completed and put into the main travel account for payment to Official Finders.

Use of a non-Official Finders umpire without permission at least 24 hours in advance of game by PAC VP of Travel, VP of PAC, and PAC President will result in discipline of that said manager per Manager's conduct listed below.

Travel Baseball Pitching Limits

A primary goal of the PAC Travel Program is to keep PAC athletes healthy and able to participate fully in their sport for years to come. The program has therefore endorsed the position of the USA Baseball Medical and Safety Advisory Committee* regarding pitching limitations, as follows:

1. Coaches and parents should listen and react appropriately to a youth pitcher when he complains about arm pain. A pitcher who complains or shows signs of arm pain during a game should be removed immediately from pitching.
2. Pitch counts should be monitored and regulated in youth baseball. Pitching coaches should keep accurate records of pitch counts in order to adhere to the recommended limits for PAC Travel baseball pitchers, as follows:

AGE	DAILY MAX (PITCHES)	REQUIRED REST (PITCHES)				
		0 Days	1 Days	2 Days	3 Days	4 Days
7-8	50	1-20	21-35	36-50	N/A	N/A
9-10	75	1-20	21-35	36-50	51-65	66+
11-12	85	1-20	21-35	36-50	51-65	66+
13-14	95	1-20	21-35	36-50	51-65	66+
15-16	95	1-30	31-45	46-60	61-75	76+
17-18	105	1-30	31-45	46-60	61-75	76+

3. Pitch count limits pertain to pitches thrown in games only. These limits do not include throws from other positions, instructional pitching during practice sessions, and throwing drills, which are important for the development of technique and strength. Backyard pitching practice on the same day of a pitched game is strongly discouraged.
4. Pitchers should not throw breaking pitches (curveballs, sliders, etc.) in competition until their bones have matured (indicated by puberty) - typically about 13 years of age. In order to succeed, a youth pitcher should focus on good mechanics, a fast fastball, a good change-up, and good control.
5. Baseball pitchers should compete in baseball no more than nine months in any given year, as a period of rest is needed to give the pitcher's body time to recover. For at least three months a year, a baseball pitcher should not play any baseball, participate in throwing drills, or participate in other stressful overhead activities (javelin throwing, football quarterback, softball, competitive swimming, etc.)."

Travel Softball Pitching Limits

As the pitching motion in girls' fast-pitch softball is underhand, the stress and wear on a young athlete's arm is greatly reduced from that of the overhand motion in baseball. Unlike youth baseball, there are no known studies or recommendations with regarding to pitching limits in girls fast-pitch softball. Overuse or stress on a young girl's arm is of concern to the PAC, its coaches, volunteers and members.

Common sense and strict adherence to tournament and local league pitching rules must be followed at all times. PAC Travel Softball managers are encouraged to consider the comfort and safety of the athletes in his or her care first over the desire to win.

Playing Time Issues

Overall Philosophy — Any player selected for travel baseball/softball shall be of appropriate caliber.

In addition, families make significant time and financial commitments to the team. Therefore, it is expected that all players will have the opportunity to participate in a substantive way. It is the position of the PAC Travel Program that each player should be given the opportunity to play and develop skills at multiple positions throughout the season.

14. For games or tournaments in which the rules stipulate continuous batting order, with free substitution, a minimum of 3 innings in the field per player per game is encouraged but not mandatory.
15. For games or tournaments in which the rules stipulate IHSA and or NHFS rules or "non-free" substitution games, a minimum of 1 at bat and 1 inning in the field is encouraged but not mandatory.
16. Minimum playing time rules are waived **under extraordinary circumstances, such as injury or disciplinary situations, as well as** for games shortened by slaughter rule or weather. Managers, in such cases, must do their best to assure reasonable playing time for all.

Addition of Players

Any player above the original rostered number of players added on or after December 1 of each year will require the approval of the Travel Committee. This does not cover players added to replace those lost to injury or relocation.

Reduction in Players

A player may withdraw from a team at any time. If a player withdraws from a team, it is desirable that the player informs the PAC VP of Travel in writing and gives a reason for the withdrawal. No refund of fees will be applicable.

A manager may suspend a player for disciplinary reasons. If a player is suspended from a team for a specified duration, the manager must inform the appropriate commissioner, PAC VP of Travel, and PAC President in writing and give a reason for the action prior to the action being taken. In the event that a player is suspended from a team, no refund of fees may be applicable, for that said duration

If a manager wants to remove a player from a team, the manager must follow the following process prior to any action being taken:

1. Notify the appropriate commissioner and VP of travel and discuss the situation and details behind the wanted dismissal
2. The appropriate commissioner and VP of Travel will in turn have a discussion with the player and family around the issue. Further interviewing of other team parents and players may also be included to gain further knowledge and insight into the issues
3. A PAC Executive board meeting will be held with travel manager and the family / player involved and discuss the situation in depth openly.
4. At the end of this meeting, a decision will be completed on the dismissal by the travel manager and the PAC Executive board.

Applicable partial refund of fees will be granted in coordination with the travel manager, VP of Travel, and PAC Treasurer based on timing of dismissal and funds left in travel team account.

Finances

1. All full-time travel team players will be registered with Plainfield Athletic Club and each full time travel team will pay the team fee required by the Plainfield Athletic Club.
2. Each travel team shall have a treasurer. The travel team treasurer shall report to the PAC Treasurer (who serves on the Travel Committee) and the Vice President of Travel Ball as requested, but at a minimum shall provide a financial plan at the beginning of the season and a financial summary at the end of the season.
3. Travel teams will set up bank accounts through the PAC President at Chase Bank and will operate their budget out of these accounts.
4. A team may have a "petty cash" fund of not more than \$500.
5. A Team cannot give money back to the families in terms of checks or cash. All funds need to be paid directly to activities involving the team. A Refund to a family for overpayment is allowed.
6. In the event that a travel team disbands, all remaining funds, after all outstanding financial obligations of the team have been met, shall become property of the PAC.

Costs and Fundraising

A high quality, safe and developmentally appropriate athletic program requires significant financial resources. In order to keep the costs of participation from becoming prohibitive, Team Managers must make every effort to make prudent financial decisions, to provide ample opportunities for fund raising, and to gain consensus among families for additional expenditures.

1. Each team shall establish a required contribution level for all players and a date by which that contribution must be submitted. An approximate figure will be established prior to the player selection process and will be made known to all participants. The travel team manager should budget this amount carefully. It is expected that the final established player contribution will be sufficient to cover all uniforms, all tournament fees, facilities rentals, equipment costs and other related costs of the program. Beyond this amount, it is not expected that participants will be required to provide any other direct funding unless the team unanimously agrees to the additional fees for some other significant activity. An example of a significant activity might be going to Cooperstown or a World Series tournament. Managers should not establish an amount that is any more prohibitive than necessary.

Fundraising solicitation must be exclusive of PAC sponsors. Those sponsors can be found on the PAC website.

2. Each travel team shall keep an accounting of all funds received. Teams shall determine a method of fundraising that ensures all team members contribute fairly and equitably. This will be one of the items on which managers will be evaluated.
3. After the season is completed and all financial obligations of the team have been met, the remaining funds shall be carried over to the following year's team.
4. It is suggested that each travel team appoint a fundraising director or committee.

Manager Violations Issues

The Manager of an athletic team is a role model, having profound and lasting influence on his/her players. Maintaining high standards of sportsmanship and integrity are essential to fulfillment of the mission of the Travel Program.

Travel Team Managers and coaches are always subject to review by the Travel Committee, the Conduct Review Committee, or the PAC Board for any issues arising from the operation of the travel team. In the event that a travel team manager does not abide by the rules provided, the appropriate action to address the matter will be taken.

Ejections from games and/or behavior unbecoming a manager or coach will result in the following penalties:

1st offense	Warning from VP of Travel
2nd offense	2 game suspension
3rd offense	Meeting with VP of Travel and could be Suspended for the remainder of the season.

All Managers, Coaches or Parents ejected from a game need to be reported to the VP of Travel within 24 hours.

Note: Multiple offenses by the same team will result in a Travel Committee review.

For a full description of the PAC disciplinary policy, please refer to the front section of the PAC Player/Parent Handbook

The Managers Code of Ethics and the Parents Code of Ethics include the mandatory reporting of such ejections or behavior breaches to the appropriate party. The Codes of Ethics can be found in this document.

In the event that a travel team manager does not abide by the rules, the minimum penalty shall be an open competition for the travel manager position for the following year. The maximum penalty shall be the immediate loss of the travel manager position. In this case, the PAC Board, under the advice and recommendation of the Travel Committee, shall determine whether to disband the current team, whether to replace the travel team manager and whether to have new player evaluations.

Manager's/Coach's Code of Ethics

I hereby pledge to adhere to the following Coaches' Code of Ethics:

- I will place the academic, emotional and physical well-being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will promise to treat all injuries, minor and major, as serious and to take prompt action.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play and sportsmanship to all my players. By this, I will set an example for the parents to conduct themselves in the same manner.
- I will respect and support the umpires, scorers and others charged with conducting the game.
- I will not, nor will I permit any player or parent to, make unsportsmanlike or uncomplimentary remarks to opponents, officials, or spectators, including profanity or obscene gestures.
- I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
- I will be knowledgeable in the rules of baseball, and I will teach these rules to my players.
- I will use those coaching techniques appropriate for each of the skills that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and NOT adults.
- I will report any and all violations of the Coaches', Parents' and Players' Codes of Ethics to the appropriate Committee.
- These rules and codes will super cede all individual team rules when applicable.

Parent's Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parents' Code of Ethics Pledge:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.
- I will place the academic, emotional and physical well-being of my child ahead of a personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I will not, nor will I permit any coach, player or parent to, make unsportsmanlike or uncomplimentary remarks to opponents, officials, or spectators, including profanity or obscene gestures.
- I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.
- I will remember that the game is for youth - NOT for adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans, and officials, with respect.
- I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing transportation.
- I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.
- I will require that my child read and follow the Players' Code of Ethics.
- I will report any and all violations of the Coaches', Parents' and Players' Codes of Ethics to the appropriate Committee.
- I will commit to team schedules, practices, games and tournaments.
- I will commit to meeting team fundraising goals.
- I will strive to help my son/daughter take responsibility for care of equipment, uniforms, fundraising and attendance.
- These rules and codes will super cede all individual team rules when applicable.

Player's Code of Ethics

I hereby pledge to be positive about my youth sports experience and accept responsibility for my participation by following this Players' Code of Ethics Pledge:

- I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice by demonstrating good sportsmanship.
- I will attend every practice and game that I can and will notify my coach if I cannot.
- I will expect to receive a fair and equitable amount of playing time.
- I will do my very best to listen and learn from my coaches.
- I will treat my coaches, other players, officials and fans with respect, and I will expect to be treated accordingly.
- I will work hard and play as a team in every practice and game - win or lose.
- I deserve to have fun during my sports experience and will alert parents or coaches if it stops being fun!
- I deserve to play in an environment that is free of drugs, tobacco, and alcohol and expect adults to refrain from their use at all youth sports events.
- I will encourage my parents to be involved with my team in some capacity because it's important to me.
- I will do my very best in school.
- I will remember that sports are an opportunity to learn and have fun.
- I will commit to valuing team goals over individual accomplishments.
- I will commit to taking responsibility for care of equipment & uniforms, fundraising and attendance.
- I will be willing to accept positive constructive criticism.